Genetic testing for Primary Lymphedema

Genetic testing is a specialised test, which can clarify a genetic cause of primary lymphedema. The indication for testing and the type of test may vary.

**WHAT IS RECOMMENDED**

- Every family with one or more children or adults with primary lymphedema should be referred for genetic counseling.
- Gene testing should be performed only in the context of evaluation by a inter(multi)disciplinary clinic, in which a clinical geneticist participates.

**WHAT YOU SHOULD NOT DO**

- Perform routine genetic testing without expertise in lympho-vascular medicine or clinical genetics and without patient consent.