

# Compression treatment

Compression technology is the cornerstone in lymphedema treatment. There are dedicated modalities for both the initial and maintenance treatment phases. Combinations of various products can be very helpful to the patient.



### WHAT IS RECOMMENDED

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- Measure the affected limb to provide 'made to measure' garments.
- Use various compression technologies and teach the patient how to use them.
- Application of compression by the patient or the parent can be learned easily in most cases.
- Compression treatment is always individualized for each patient.
- Wear flat-knitted garments (Circular knit garments are often ineffective).
- Dedicated use of various compression technologies is possible for all ages.



### WHAT YOU SHOULD NOT DO

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- Ignore the lymphedema.
- Withdraw compression without proper monitoring.