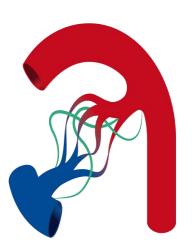


European Reference Network

for rare or low prevalence complex diseases

Network Vascular Diseases (VASCERN)



Heritable Thoracic Aortic Disease

Dr. Maryanne Caruana

Consultant Cardiologist Lead for ACHD & Aortopathy Service Clinical Focal Point for VASCERN HTAD RDWG Mater Dei Hospital, Malta





Conflicts of Interest





28th February 2023







- What is HTAD?
- Local experience
- Personal ERN experience





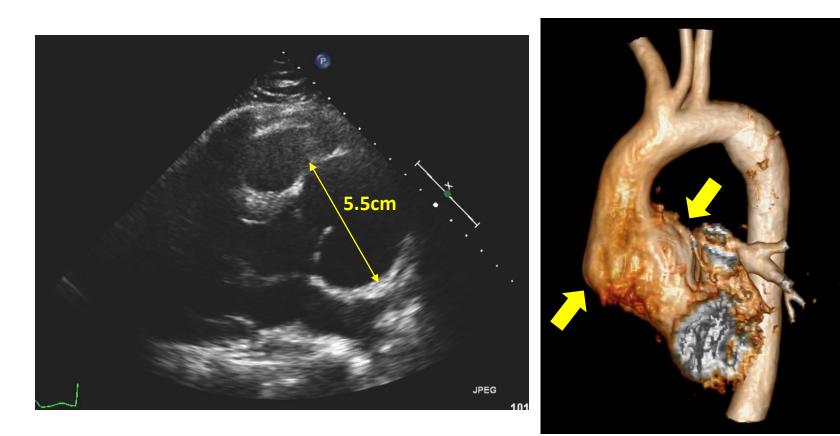


- Heritable Thoracic Aortic Disease
- Characterised by aortic aneurysm and aortic dissection
- Incidence = approximately 1 in 5000
- Syndromic vs. non-syndromic
 - Syndromic e.g. Marfan, Loeys-Dietz, Aneurysm-Osteoarthritis, Arterial Tortuosity
- Sporadic vs. familial
- Most autosomal dominant



Aortic aneurysm





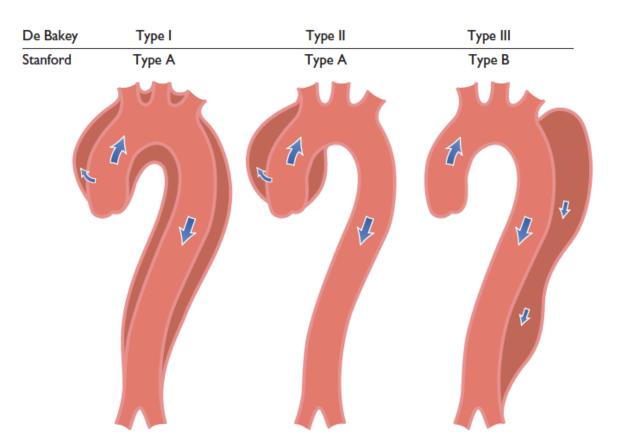
Aortic root aneurysm with subsequent diagnosis of Marfan syndrome

28th February 2023



Aortic dissection classification



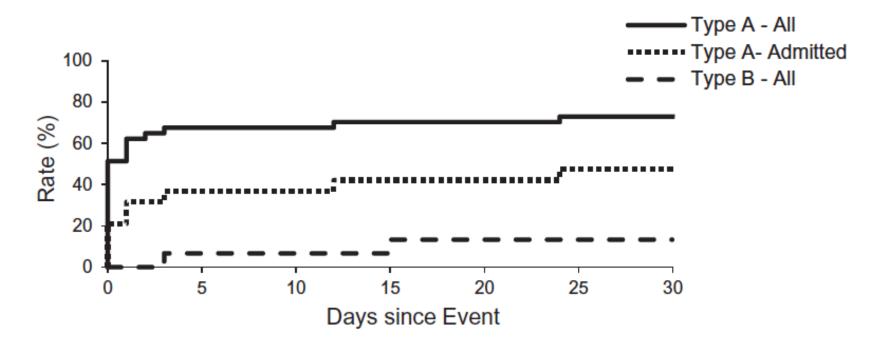


Erbel R et al. Eur Heart J 2014;35:2873-926.



Aortic dissection mortality





Oxford Vascular Study

Howard DP et al. Circulation 2013;127(20):2013-7.



Genes involved



Encoding components of **extracellular matrix**

- *COL3A*1
- *FBN*1
- *LOX*

Encoding components of the $TGF\beta\ pathway$

- *SMAD3*
- TGFB2
- TGFBR1
- TGFBR2

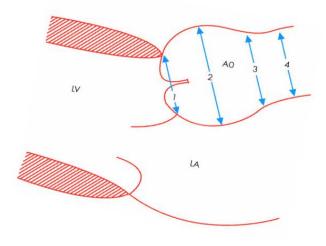
Encoding components of **smooth muscle cell contractile mechanism**

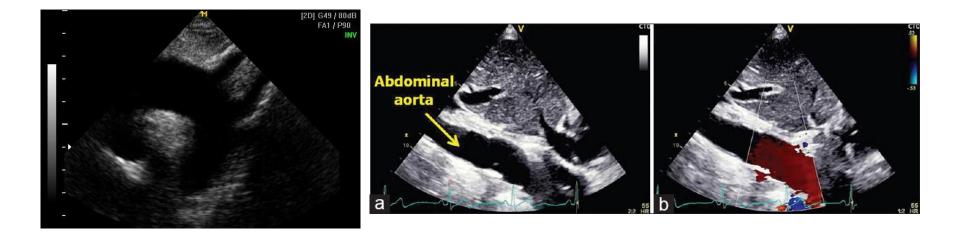
- MYH11
- ACTA2
- MYLK
- PRKG1

A causative variant remains unidentified in ~80% of non-syndromic HTAD!

Serial imaging: echocardiography



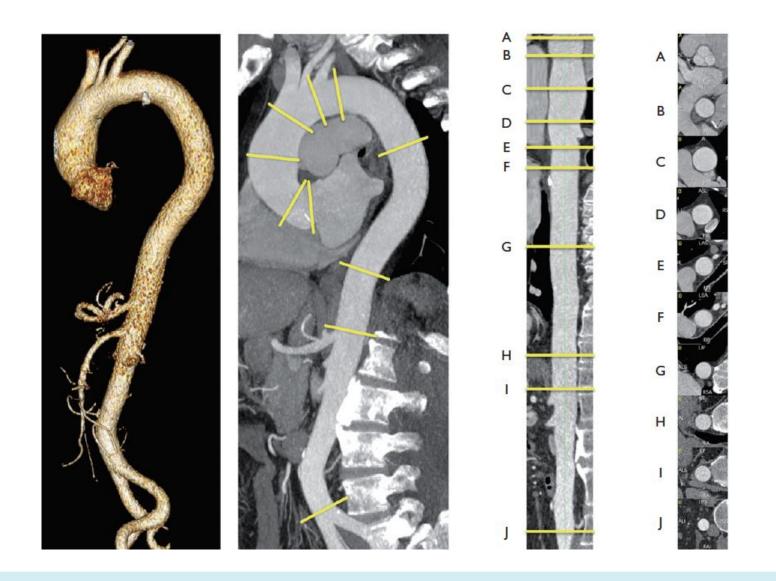






Serial imaging: CT / MRI

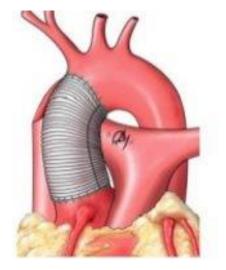


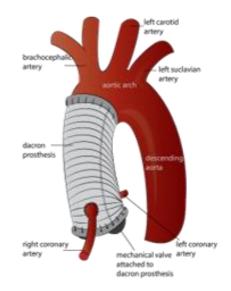




Prophylactic aortic surgery









Aortic valve-sparing root replacement operations: Yacoub procedure (labeled A and B) and David procedure (right).





Local experience



Some numbers according to my records:

- Marfan syndrome = 64 patients with 20 different confirmed likely pathogenic / pathogenic variants in *FBN1*
- Loeys-Dietz syndrome = 2 patients flagged up to me (never seen)
- 1 family with variants in *FBN1 and SMAD3*
- 66 patients with possible HTAD
 - Some with negative gene panel
 - Some awaiting genetics



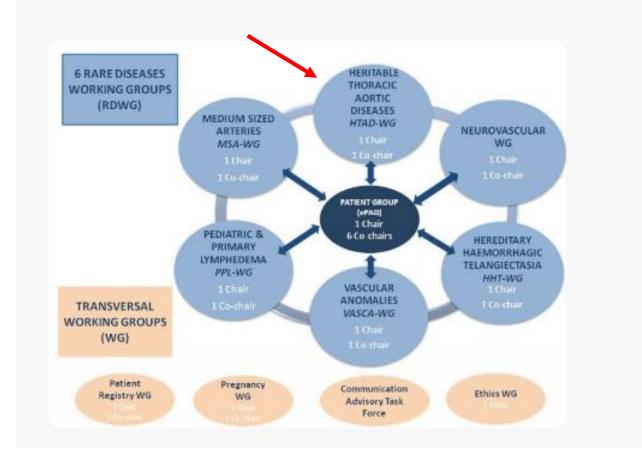




Gathering the best expertise in Europe to provide accessible cross-border healthcare to patients with rare vascular diseases









Meetings



1. Monthly HTAD RDWG online meetings

- Every 4th Monday of the month
- Updates on different projects
- Case presentation

2. Twice yearly face-to-face meetings

- HTAD RDWG spring meeting
- VASCERN days every October





Statements





Network Vascular Diseases (VASCERN)



Stqarrija mill-VASCERN HTAD WG dwar il-COVID-19

Fdawn l-aħħar ġimgħat kien hawn xnigħat, speċjalment fuq il-midja socjali, li ACE-I/ARBs jistgħu iżidu kemm ir-riskju kif ukoll il-gravita' ta'infezzjoni bil-virus SARS-CoV2, filwaqt li sorsi oħra ssuġġerew li dawn il- medicini jistgħu jgħinu. Kif iddikjarat mill-European Society of Cardiology Council on Hypertension, aħna nixtiequ ntennu li s'issa **m'hemm l-ebda evidenza** li ACE-Is jew ARBs jistgħu jkunu ta'ħsara jew ta'għajnuna addizzjonali fil-kuntest ta'infezzjoni tal-COVID-19.

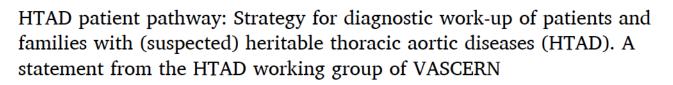
Flimkien mal-Council on Hypertension, **aħ na nħ eggu kemm lit-tobba kif ukoll lill-pazjenti biex** ikomplu jieħ du l-medicini tal-pressjoni bħas-soltu, għ ax s'issa m'hemm l-ebda evidenza klinika jew xjentifika li turi fiċ-ċert li dawn il-medicini għ andhom jitwaqqfu fil-każ ta' infezzjoni tal-COVID-19.



Research collaboration







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Research collaboration

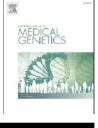




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Arrhythmia and impaired myocardial function in heritable thoracic aortic disease: An international retrospective cohort study



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Thank you!

28th February 2023