

Delivery

There are no formal recommendations regarding the best method of delivery for patients with vascular Ehlers-Danlos syndrome. A caesarean section between 35 and 37 weeks of gestation is the approach adopted by the reference centre for rare vascular diseases, especially for primiparous patients with a known diagnosis.



WHAT IS RECOMMENDED

- Schedule the delivery due to the elevated risk of maternal complications.
- Always recommend carrying out a caesarean section between 35 and 37 weeks of gestation.
- Plan for the birth to take place in a level 3 maternity unit.



WHAT YOU SHOULD NOT DO

- Delivery at home or in a level 1-2 maternity unit.
- Vaginal delivery without prior multidisciplinary consultation.